

| HORAIRE | COURSE | CATEGORIE     | PARCOURS         | DISTANCE |
|---------|--------|---------------|------------------|----------|
| 10h00   | 1      | MASTERS M     | D +1PB+1MB+3GB+A | 10000    |
| 10h50   | 2      | U16 F         | D+1PB+1GB+A      | 3760     |
| 11h20   | 3      | U16 M         | D+1MB+1GB+A      | 4380     |
| 11h45   | 4      | U18 F         | D+1MB+1GB+A      | 4380     |
| 12h15   | 5      | Cross court F | D+1MB+1GB+A      | 4380     |
| 12h40   | 6      | Cross court M | D+1MB+1GB+A      | 4380     |
| 13h05   | 7      | U18 M         | D+1PB+1MB+1GB+A  | 5440     |
| 13h35   | 8      | U20 F         | D+1PB+1MB+1GB+A  | 5440     |
| 14h10   | 9      | U20 M         | D+3GB+A          | 7260     |
| 14h50   | 10     | Cross long F  | D+1PB+3GB+A      | 8320     |
| 15h40   | 11     | Cross long M  | D +1PB+1MB+3GB+A | 10000    |